

FAMILY CARE PACKAGES

Help Seacoast families struggling to make ends meet.

Creating Family Care Packages is an engaging volunteer opportunity for individuals, companies, or even small groups of friends. Groups run a donation drive for toiletries and other household necessities that are not covered by government programs such as food stamps. Then, they assemble an assortment of collected items into bags for individual families. Drives can be large or small, run out of an office, house of worship, school or home. Whether you donate 10 bags or 100, you'll make a huge difference in the daily life of a struggling family.

How does the program work?

- 1** Contact United Way and we'll partner you with a food pantry or local agency assisting families.
- 2** Connect with your partner organization to discuss their present needs and create a "shopping list" of items to be donated.
- 3** Promote your drive by highlighting need in our community. Provide the list of requested items and drop-off instructions.
- 4** Collect donated items in the week(s) leading up to the event.
- 5** Gather your group to assemble items into bags.
- 6** Deliver your bags to the organization that you're sponsoring at a mutually agreed upon time.

Thank you!

Your help will support United Way of the Greater Seacoast's larger mission to empower struggling families to reach and maintain financial stability.

For more information and to get involved, please contact:

Robin Albert

Director, Volunteer Action Center

United Way of the Greater Seacoast

603.436.5554 | ralbert@uwgs.org

www.uwgs.org



What goes into a Family Care Package?

This is a sample list of items not covered by government assistance programs. Please consult your partner organization for current needs.

Personal Items Bag

- Shampoo
- Conditioner
- Soap
- Deodorant
- Toothpaste
- Toothbrush
- Over the counter medication
- Mouthwash

Cleaning Items Bag

- Laundry detergent
- Bleach
- Dish soap
- Sponges
- Bathroom cleaner
- All purpose cleaner

Household Items Basket

- Toilet paper
- Paper towels
- Napkins
- Tissues
- Trash bags
- Plastic wrap
- Aluminum foil
- Plastic storage bags

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