

ENERGY SAVING TIPS: APPLIANCES



HERE ARE THREE WAYS TO SAVE ENERGY WHILE USING THE APPLIANCES YOU RELY ON EVERY DAY.

1. Choose Them Wisely

- Replace and recycle old appliances with an ENERGY STAR® certified model! Units that are 10 years old or older can use twice the energy of a new Energy Star certified model. Visit [UNITIL.COM/REBATES](https://unitil.com/rebates) to view available incentives.
- Size it right! Refrigerators and freezers are most efficient when they're at least two-thirds full, so bigger isn't necessarily better.

2. Set Them Correctly

- Set your refrigerator between 36 and 40 degrees Fahrenheit, and the freezer between 0 and 5 degrees. Check that the energy saver switch is in the "on" position and defrost refrigerators and freezers before ice buildup becomes 1/4-inch thick.
- Use the shortest dishwasher cycle that will get your dishes clean and try to wash only full loads. If operating instructions allow, turn off the dishwasher before the drying cycle, open the door, and let the dishes air dry.

3. Use Them Thoughtfully

- Avoid running your dishwasher during the peak usage hours of 4 p.m. to 6 p.m. You'll reduce the strain on the power grid and may even pay a lower rate if you are enrolled in a time-of-use electric rate. Visit [UNITIL.COM/TIME-OF-USE](https://unitil.com/time-of-use) to learn more.
- Do only full loads when using your clothes washer and dryer.
- Be sure to clean your clothes dryer's lint trap after each use.
- On sunny days, hang your clothes out to dry.
- Run cold water when using a garbage disposal. Hot water not only wastes energy but also melts fat, which can clog the drain when it cools and hardens.
- Small electric appliances, such as toaster ovens and crockpots, use less energy than their full-sized counterparts, and microwaves use 30 to 80 percent less energy than a standard oven.
- Hand washing your dishes actually wastes water, and heating that water uses twice as much energy as an Energy Star certified dishwasher.



PRO TIP: Getting the Most out of your Ceiling Fans

Ceiling fans can help improve comfort year-round. Here's how to maximize your return!

- In the summer, fans should operate in a counterclockwise direction.
- Be certain to turn off ceiling fans when you leave a room.
- If you use air conditioning to cool your home, a ceiling fan will allow you to raise the thermostat setting about 4°F with no reduction in comfort.



Safety First GAS LEAKS

DO YOU KNOW HOW TO RECOGNIZE A GAS LEAK, AND WHAT TO DO IF YOU SUSPECT ONE? If there's a gas leak in the area, you might see fire or debris being oddly thrown into the air or hear a hissing sound or an alarm from a methane detector, but the most common sign is the smell of rotten eggs.

IF YOU SUSPECT A LEAK, DO NOT TRY TO TURN OFF YOUR GAS. IMMEDIATELY LEAVE THE AREA and avoid using electronics, garage door openers, light switches, or anything that could cause a spark or flame. Once you're at a safe distance, call 9-1-1.



GIVE YOUR BUDGET A LITTLE BREATHING ROOM

If you are having trouble paying your bills, please don't go it alone. There are lots of ways we can help. We have a whole range of options for you, from budget billing and payment plans to state-specific energy efficiency and financial assistance programs.

Visit [UNITIL.COM/ASSISTANCE](https://www.unitil.com/assistance) to view available resources.

MOVING OR CHANGING SERVICE?

This time of year, renters, homeowners, and vacationers alike are looking for homes, relocating families, and enjoying seasonal houses. Wherever your summer takes you, make sure you have the service you need all lined up by contacting us online to:

- ✓ Change your Address
- ✓ Request to Stop Service
- ✓ Request to Start Service

Visit [UNITIL.COM/MANAGE-SERVICE](https://www.unitil.com/manage-service) today!



 **General Customer Service Inquiries**
CALL US: 1-888-301-7700 (SCAN CODE TO CALL NOW)

You can also contact us online. Fill out our online form and we'll respond to your request as soon as possible. Visit us at: [UNITIL.COM/CONTACT](https://www.unitil.com/contact)

