

DRIVE OUT HUNGER



Help local food pantries and our neighbors in need.

Whether you're a small group of friends or a large company, hosting a food drive is a rewarding way to help families in our own community that are struggling to make ends meet. Drives can be run out of an office, house of worship, school or home. With just a little organization, you can make a huge difference.

How does the program work?

1. Contact United Way. We'll partner you with a food pantry or other organization that distributes food.
2. Connect with your partner organization to discuss their current needs.
3. Promote your drive by highlighting need in our community, a list of requested food items and drop-off instructions.
4. Collect donated food in the week(s) leading up to the event.
5. Gather your team to sort food items into small or medium-sized stackable boxes.
6. Deliver boxes of food to your partner organization at a mutually agreed-upon time.

Thank you!

Your help will support United Way of Greater Seacoast's larger mission to empower struggling families to reach and maintain financial stability.

For more information and to get involved, please contact:

Robin Albert

Director, Volunteer Action Center

United Way of the Greater Seacoast

603.436.5554 | ralbert@uwgs.org

www.uwgs.org

Sample Food Drive List

Here is a shopping list of non-perishable items. Please note, the needs of the organization that you help may be different, based on current need. Please consult them for your food drive wish list.

- Canned Meats
(tuna, chicken, ham, sausage)
- Canned Fruits & Vegetables
- Canned & Boxed Meals
(chili, stew, macaroni & cheese)
- Soup
- Canned Beans
(black, pinto, kidney, etc.)
- Pasta & Rice
- Cereal (low sugar, high fiber)
- Cereal & Fruit Bars
- Crackers
- Peanut Butter
- Non-refrigerated milk
- Juice (plastic jugs) and juice boxes

Too busy to shop?
Gift cards to grocery stores
are always welcome.

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED®



United Way
United Way
of the Greater Seacoast